

Waverly Health Center Physical & Occupational Therapy Staff

William Taylor, PT

- Areas of interest: orthopedics, manual therapy, functional capacity evaluations (FCE) and industrial medicine. He especially enjoys working with neck/shoulder problems and total knee replacements.

Deb Gayer, MSPT-CLT

- Areas of interest: women's health, vestibular rehab, geriatrics and neurological rehabilitation, including CVA, spinal cord and head injuries.

Jerod Gayer, DPT, ATC

- Areas of interest: orthopedics and sports medicine, as well as chronic pain caused by movement system imbalances. NATA Certified Athletic Trainer

Michael Kaus, PT

- Areas of interest: treatment of back, shoulder and knee problems with special expertise/training in the treatment of neck problems, fibromyalgia and TMJ dysfunction.

Jennifer Nus, DPT

- Areas of interest: geriatrics, nursing home rehabilitation and home health care.

Steve Nus, DPT

- Areas of interest: outpatient orthopedics and sports medicine.

Ronald Ragsdale, DPT

- Areas of interest: shoulder, low back and foot pain, temporal mandibular joint dysfunction, and chronic wound care management. He is a work injury consultant for Waverly and Shell Rock businesses/industries.

Jodi Reyerson, DPT

- Areas of interest: spinal mobilization, craniosacral therapy, myofascial and visceral mobilization and manual lymph drainage techniques. She enjoys providing patients a holistic physical therapy treatment alternative.

Leah Thier, MPT

- Areas of interest: pediatrics, geriatrics and hospital inpatients. She enjoys working with neurological and burn rehabilitation.

Casey Doyle, PT

- Areas of interest: outpatient orthopedic injuries and sports medicine rehabilitation. Pre-operative care, post-operative care and conservative non-operative management of musculoskeletal pain.

Shelby Walsten, DPT, ATC

- Areas of interest: women's health and sports rehab.

Julie Eddy, MPT

- Areas of interest: outpatient orthopedics, women's health, pelvic pain and bladder dysfunction.

Nathan Folkerts, PT, DPT

- Recent graduate of Des Moines University. Areas of interest: outpatient orthopedics, spinal disorders and sports rehabilitation.

Brooke Toohey, PT, DPT

- Has been practicing PT since 2009. She is a member of the Orthopedic section of the APTA. Areas of interest: Geriatrics, outpatient orthopedics and vestibular rehabilitation.

Margo Jebe, OTR, L

- Areas of interest: geriatrics, inpatient acute rehabilitation and hand therapy.

Leasa Lantzky, OTR, L

- Areas of interest: home health, geriatrics, upper-extremity rehabilitation including cervical pain and hand therapy.

Jennifer Wolff, OTR, L

- Areas of interest: hand therapy, parkinson's disease, older drivers, neurorehabilitation for stroke and dementia, management of behavior and cognitive dysfunction in TBI and disability/accessibility in the community.

WAVERLY HEALTH

— C E N T E R —

PHYSICAL & OCCUPATIONAL THERAPY

October 2013

Key services unique to Taylor Therapy for “High Risk” populations

Taylor Therapy Associates, LLC. provides physical and occupational therapy services in inpatient, outpatient, home health and nursing home settings. Our company offers many specialty services which may be an appropriate adjunct to your medical services in the treatment of high risk or frail patients.

Vestibular rehab – Patients who present with acute dizziness contributing to falls and nausea/vomiting can avoid a trip to the ER and/or IP admittance by undergoing outpatient PT evaluation for BPPV. Our clinics work hard to get these patients in the same day they call.

Driving evaluation – Driving simulation evaluation completed by OT. This two part evaluation measures cognition as it pertains to ability to obey traffic laws, reaction times and an individual’s physical ability to complete the task of driving. This test is to determine if an individual is safe to resume or continue driving.

Lymphedema management
We employ a certified lymphatic therapist (CLT) to manage limb swelling due to primary lymphedema, late effect of Cancer treatment or Congestive heart failure. If a patient is hospitalized for Cellulitis, consider physical therapy to manage the underlying swelling that



contributes to the condition. Early intervention to manage swelling can prevent the infection/hospital admission.

Cognitive Assessment
Utilized primarily to determine a safe level of patient independence (home independently, 24-hour supervision, assisted living, etc.). The result of this OT assessment provides recommendations for adaptations to allow individual independence or advisement on level of necessary caregiver assist for maximum patient safety.

Incontinence – Often easily treatable with exercise and education, intervention for incontinence may be a key component in preventing nursing home placement in the elderly patient.

Wound care – Therapy treatment includes assessment of the wound, sharp debridement and recommendations on optimum wound dressings.

Aquatic Therapy – Often patients functioning at a low level or with moderate or greater pain find success with mobility in the pool. Patients undergoing treatment for cancer, compression fractures or debilitating arthritis are excellent candidates. Stroke and head injury patients find success early in the aquatic environment and progress to land based treatment as their strength increases.

“Easy Street” – Allows for safe simulation of normal activities of daily living: into/out of vehicle, stairs with door to manage, grocery shopping, laundry, bathing, and kitchen safety. This environment provides data to determine if an individual is safe at home independently and/or with family assistance.

Stronger After Stroke support group – Monthly meeting for stroke survivors and their caregivers to address ongoing concerns, discuss new care initiatives and offer wellness solutions.

Parkinson’s support group
Monthly caregiver and support group meetings. Bi-monthly Increasing Activity Class.

Please call us at (319) 352-5644 with any questions about how these or other service options may be beneficial for your patients.

Services Provided by Taylor Physical Therapy Associates

312 9th Street SW, Waverly, IA 50677, (319) 352-5644