



June 2026
Newsletter

TAYLOR
PHYSICAL THERAPY

Advanced Rehab Technology Now at Taylor Physical Therapy

Taylor Physical Therapy is bringing cutting-edge rehabilitation technology to patients with the addition of VALD ForceDecks and DynaMo systems at the Parkersburg location and Waverly Health Center. These advanced tools provide therapists with objective data to better assess strength, balance, movement, and recovery progress — allowing for more personalized and effective treatment plans.



What Is VALD Technology?

ForceDecks use specialized force plates to measure movement patterns, balance, strength, and symmetry. They are especially helpful for injury recovery, post-surgical rehab, athletic performance, and fall-risk assessments.

DynaMo is a handheld device that accurately measures muscle strength and joint mobility, helping therapists identify weaknesses and track rehabilitation progress over time.

Why it Matters?

By using real-time performance data, therapists can:

- Create more personalized treatment plans
- Detect movement imbalances earlier
- Monitor recovery more accurately
- Help patients return to activity safely and confidently

Trusted by professional sports organizations and leading rehab clinics worldwide, VALD technology helps Taylor Physical Therapy continue its commitment to innovative, patient-centered care.

Taylor Physical Therapy

Waverly (319) 352-5644 • Nashua (641) 435-4476 • Parkersburg (319) 346-9783

Sumner (563) 578-5125 • Denver (319) 406-0185

taylorphysicaltherapy.com

PROVIDER SPOTLIGHT: Meet Jacob!

Jacob graduated from the University of Iowa with his Doctor of Physical Therapy degree in 2023 and joined the Taylor Physical Therapy team after completing his clinical rotations. He loves being part of the family atmosphere at Taylor and is passionate about helping patients improve mobility, build strength, reduce pain, and return to the activities they love most.

One of Jacob's favorite parts of being a physical therapist is building meaningful relationships with his patients and creating a positive healthcare experience along the way. Outside the clinic, you'll usually find Jacob spending time with his wife and two children, enjoying the outdoors, or cheering on the Iowa Hawkeyes, Chicago Bears, and Chicago Cubs!



From Boot to Back on Her Feet

After suffering a fracture to her ankle and lower leg, Emily faced the challenge of regaining confidence and function as she worked toward walking normally again. While healing was progressing, her recovery had reached a plateau because she was unknowingly placing more weight on one leg than the other, making it difficult to safely transition out of her walking boot.

Using VALD Force Plate technology, our therapy team was able to objectively measure how she was distributing her weight while standing and moving. The real-time data provided a clear picture of her deficits and helped her better understand the areas that needed attention.

As therapy progressed, the force plates were also used to assess balance, squatting mechanics, and other functional movements. By combining advanced technology with personalized rehabilitation, she gained the confidence and awareness needed to move more efficiently and safely.

The result? A smoother transition out of her boot, a faster return to normal walking, and an earlier return to the activities that matter most. Today, Emily is back to managing the daily demands of life as a wife and mother with greater strength, independence, and confidence.

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