



**April 2022  
Newsletter**

**TAYLOR**  
PHYSICAL THERAPY

## **OCCUPATIONAL THERAPY MONTH**



**Margo Jebe, OTR/L**



**Sara Hennessy OTR/L, CLT**

To celebrate Occupational Therapy Month, Taylor Therapy is highlighting two services that can be extremely beneficial tools when evaluating the aging population: High Level Activities of Daily Living Assessment Vs. Off-Road Driving Assessment. With a combined 53 years of experience as occupational therapists, Margo and Sara are equipped with the skills and knowledge to complete both the High Level ADL and Off-Road Driving Assessment. They understand the empathy, patience, and detail needed to complete these evaluations which can impact the patient's independence and life in a dramatic way. Offering the High Level ADL and off-road Driving Assessment in Taylor Therapy Clinics located in Denver, Sumner, Nashua, and at Waverly Health Center, Sara and Margo are able to provide valuable and convenient services to meet you and your patient's needs.

**Flip to read more!**

**Taylor Physical Therapy**

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## APRIL 2022 NEWSLETTER: HIGH LEVEL ACTIVITIES OF DAILY LIVING ASSESSMENT VS. OFF-ROAD DRIVING ASSESSMENT

Both of these assessments can be completed at many of Taylor's clinic locations and unfortunately are often misunderstood due to their similarities. The High Level ADL Assessment and Off-Road Driving Assessment can provide valuable insight to a patient's visual, physical, and cognitive capabilities. Information gathered can assist with decisions related to a patient's ability to safely participate in various components of daily living, including driving. The table below provides clarification for what assessment may best meet your patients needs.

	High Level ADL Assessment	Off-Road Driving Assessment
<b>Vision</b>	<ul style="list-style-type: none"> <li>• Visual Fields</li> <li>• Depth Perception</li> <li>• Peripheral Vision</li> </ul>	<ul style="list-style-type: none"> <li>• Visual Confrontation Test</li> <li>• Snellen Chart</li> <li>• Visual Tracking</li> </ul>
<b>Physical Assessment</b>	<ul style="list-style-type: none"> <li>• Neck AROM</li> <li>• Upper and Lower Extremity AROM</li> <li>• Upper and Lower Extremity Strength</li> </ul>	<ul style="list-style-type: none"> <li>• Motricity Index</li> <li>• BERG Balance Assessment</li> <li>• Lower Limb Proprioception Screen</li> <li>• Right Heel Pivot Test</li> </ul>
<b>Cognitive Assessment</b>	<ul style="list-style-type: none"> <li>• MoCA</li> <li>• Trail Making Test</li> <li>• Motor Free Visual Perception Test</li> <li>• Contextual Memory Test</li> <li>• Cognitive Performance Test</li> <li>• RT-2S Reaction Time Tester</li> </ul>	<ul style="list-style-type: none"> <li>• MoCA</li> <li>• OT Drive Home Maze Test</li> <li>• Road Law and Road Craft Test</li> <li>• RT-2S Reaction Time Tester</li> <li>• Simulated Accelerator-Brake Test</li> </ul>
<b>Appropriate Candidate</b>	Appropriate referral for this assessment would include individuals who have had a cognitive/memory decline and input is needed on their ability to maintain independent living.	Appropriate referral for this assessment would be individuals purely concerned about their ability to continue to drive safely.
<b>Insurance Coverage</b>	Insurance coverage is an option for this assessment if patient has an appropriate diagnosis including cognitive decline (R41.81), memory deficit (R41.3), mild cognitive impairment (G31.84), cognitive deficits following cerebral infarction (I69.319), memory deficits following cerebral infarction.	Insurance coverage is NOT an option. This evaluation tool is offered as a private pay option only.