



13-18 month Milestones Checklist

	Yes	No
Motor		
Walks independently and seldom falls		
Squats to pick up a toy		
Stacks two objects or blocks		
Inserts 1-2 shapes into correct hole on formboard/puzzle		
Sensory		
Has a regular sleep schedule		
Helps with getting dressed/undressed		
Eats an increased variety of foods		
Communication - By 15 Months		
May use 5-10 words		
Imitates simple words and actions		
Combines sounds and gestures		
Consistently follows simple directions		
Shows interest in pictures		
Can identify 1-2 body parts when named		
Communication - By 18 Months		
Responds to questions		
Repeats words overheard in conversation		
Continues to produce speech like babbling		
Points to a familiar objects and people in pictures		
Understands "in" and "on"		
Responds to yes/no questions with head shake/nod		
Feeding		
Holds and drinks from a cup		
Brings a full spoon to mouth, turning spoon over en route		
Drinks with four or five consecutive swallows		
Uses tongue well to move foods from side to side in mouth		