



19-24 month Milestones Checklist

	Yes	No
Motor		
Stacks 4-6 blocks		
Imitates drawing vertical line		
Turns 2-3 pages in book, 1 at a time		
Places 2-3 shapes into correct hole on formboard/puzzle		
Begins running		
Heel toe pattern is their primary gait pattern		
Sensory		
Tolerates different textures of clothing and play items without distress		
Does not become overly distressed with loud sounds, bright lights, etc.		
Tolerates getting haircut/washed, fingernails trimmed, etc. without significant distress		
Communication - By 21 months		
Consistently imitates new words and sounds		
Names some objects and pictures		
Understands simple pronouns (me, you, my)		
Understands new words quickly		
Identifies 3-5 body parts when named		
Uses at least 50 words		
Communication - by 24 months		
Uses gestures and words during pretend play		
Begins to use 2 word phrases		
Uses simple pronouns (me, you, my)		
Understands action words		
Follows two step related directions eg. "Pick up your coat and bring it to me"		
Enjoys listening to stories		
Feeding		
Drinks from a cup with limited spillage		
Self-feeds frequently		
Has precise up/down tongue movement		
Chews a broad range of food		