



## 2-3 years Milestones Checklist

	Yes	No
<b>Motor</b>		
Stacks 8-10 blocks		
Makes snips in paper		
Imitates drawing horizontal lines		
Strings 2-4 beads		
Draws circle (31-36 months)		
Copies block designs of building a wall and/or bridge (31-36 months)		
Helps with dressing: putting on socks, attempting shirt/pants		
Jumps off the floor or the bottom step		
Tries to throw, catch and kick a ball		
<b>Sensory</b>		
Tolerates different textures of clothing and play items without distress		
Does not become overly distressed with loud sounds, bright lights, etc.		
Tolerates getting haircut/washed, fingernails trimmed, etc. without significant distress		
Able to transition between 2 tasks without significant distress/meltdowns		
Able to attend to activity/task for several minutes without significant redirection		
<b>Feeding</b>		
Bites through a variety of food thicknesses		
Chews with lips closed		
Chews using stable rotary jaw action		
Brings spoon/fork to mouth, palm up, self-feeds with little spillage		



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	Yes	No
<b>Communication - By 30 Months</b>		
Consistently uses 2-3 word phrases		
Uses "in" and "on"		
50% to 75% of speech is understood by caregiver		
Follow 2-step unrelated directions eg. "Give me the ball and go get your coat"		
Understands basic nouns and pronouns		
Understands "mine" and "yours"		
Answers simple WH- questions and yes/no questions		
<b>Communication - By 36 Months</b>		
Asks "what" and "where" questions		
Begins to use regular plurals eg. "dogs"		
Most speech is understood by caregiver		
Understands most simple sentences		
Uses 3-4 word phrases consistently		
Simple understanding of concepts including color, space and time		
Enjoys listening to stories		