



4-6 month Milestones Checklist

	Yes	No
Motor		
Reaches for toys while on tummy		
While lying on back, transfers toy from one hand to the other		
While lying on back, reaches both hands to play with feet		
Uses hands to support self while sitting		
Rolls from back to tummy and tummy to back		
While standing with support, accepts weight with legs		
Sensory		
Uses both hands to explore toys		
Generally happy when not hungry or tired		
Brings hands and objects to mouth		
Able to calm with rocking , touching or gentle sounds		
Is not upset by everyday sounds		
Enjoys a variety of movements		
Communication		
Begins to use consonant sounds in babbling, eg. "da, da, da"		
Makes different kinds of sounds to express feelings		
Uses babbling to get attention		
Listens and responds when spoken to		
Reacts to sudden noises or sounds		
Notices toys that make sounds		
Feeding		
Shows interest in foods		
Moves pureed food from front of mouth to back		
Mouths and gums solid foods		
Opens mouth when a spoon is presented		